

Marcus Trufant

Marcus Lavon Trufant^[1] (born December 25, 1980) is a former American football player who was a cornerback in the National Football League (NFL) for ten seasons. He played college football for Washington State University, and was chosen by the Seattle Seahawks 11th overall in the 2003 NFL Draft.

From 2010-2012 Trufant helped mentor the young Seahawks secondary that became known as the Legion of Boom.

Contents

Early years

College career

Awards and honors

Professional career

2003 NFL Combine

Seattle Seahawks

Jacksonville Jaguars

Retirement

NFL stats

Personal life

References

External links

Early years

Marcus Trufant 1st attended McCarver Elementary School and then Truman Middle School. While attending Wilson High School in Tacoma, Trufant lettered in three varsity sports: football, basketball and track, capturing ninth at the State track meet in triple jump, with a leap of 14.50 meters. He was the team captain for two teams as a senior. As a junior, was Offensive Player of the Year in football and Mr. Defense in basketball. As a senior, he was named All-State by the Associated Press, the *Seattle Post-Intelligencer* and Washington Prep Report. Named Washington AAAA player of the year by *The News Tribune* as well as the *Seattle PI* and *The Seattle Times* All-League, All-Area and All-State teams. Lost the State AAAA championship as a senior and scored 30 TD and rushed for 1,800 yards on offense while recording 48 tackles and 8 interceptions on defense.

College career

Marcus Trufant



Trufant with the Seattle Seahawks in 2010

No. 23, 24

Position: Cornerback

Personal information

Born: December 25, 1980
Tacoma, Washington, US

Height: 5 ft 11 in (1.80 m)

Weight: 199 lb (90 kg)

Career information

High school: Woodrow Wilson (Tacoma, Washington)

College: Washington State

NFL Draft: 2003 / Round: 1 / Pick: 11

Career history

- Seattle Seahawks (2003–2012)
- Jacksonville Jaguars (2013)*

Trufant attended Washington State University after being recruited by then-Washington State Cougars football head coach Mike Price. He started for all four years for the Cougars and was a member of the 2003 Rose Bowl team that lost to the Oklahoma Sooners in his 2002 senior year. He did not allow a single touchdown against him for his last two years there. As a freshman in 1999, he was a freshman All-Pac-10 selection.

Awards and honors

- Pac-10 All-Freshman (1999)
- Honorable mention All-Pac-10 (2001)
- First-team All-Pac-10 (2002)
- Second-team AP All-American (2002)

Professional career

2003 NFL Combine

* Offseason and/or practice squad member only

Career highlights and awards

- Pro Bowl (2007)
- Sporting News All-Pro (2007)
- *PFW* All-Rookie (2003)
- Seattle Seahawks 35th Anniversary Team
- Second-team All-American (2002)
- First-team All-Pac-10 (2002)
- College awards and honors

Career NFL statistics

Total tackles: 644

Sacks: 2.0

Forced fumbles: 5

Fumble recoveries: 6

Interceptions: 21

Defensive touchdowns: 2

Player stats at **NFL.com** (<http://www.nfl.com/players/TRU392219>)

Pre-draft measurables

Height	Weight	<u>40-yard dash</u>	<u>10-yard split</u>	<u>20-yard split</u>	<u>20-yard shuttle</u>	<u>Three-cone drill</u>	<u>Vertical jump</u>	<u>Broad jump</u>	<u>Bench press</u>
5 ft 11 in (1.80 m)	199 lb (90 kg)	4.38 s	1.56 s	2.59 s	4.32 s	6.87 s	39 in (0.99 m)	10 ft 7 in (3.23 m)	11 reps

All values from NFL Combine

Seattle Seahawks

Trufant was selected by the Seattle Seahawks with the 11th overall pick in the 2003 NFL Draft. Coming from Tacoma and graduating from Washington State University, Trufant is considered a hometown favorite. In 2007 Trufant played a big part in the Seahawks defense, intercepting a career-high 7 passes and returning one for an 84-yard touchdown. He also deflected 15 passes and made 85 tackles, and was voted into the 2008 Pro Bowl in Hawaii. On February 21, 2008 the Seahawks placed their franchise tag on Trufant, tendering him with a one-year \$9.465 million deal.

On March 26, 2008 the Seahawks signed Trufant to a new six-year, \$50.2 million deal with a \$10 million signing bonus.^[2] On April 1, 2010, Marcus Trufant traveled to Cambridge Elementary School in Surrey, British Columbia, Canada as one of the students there, Tyler Wedel, was one of only four Canadian winners of the NFL

Take A Player To School Contest and as a winner Wedel brought Trufant to school to talk to his fellow students about his career and inspirations to play in the NFL. [1] (<https://web.archive.org/web/20110714180322/http://www.nflcanada.com/News/2010/01/27/12633886.html>)

On October 17, 2011, Trufant was placed on injured reserve with a bruised sacrum, ending his season. The Seahawks released Trufant on March 8, 2012,^[3] but re-signed him one month and one day later on April 9, 2012 to a one-year contract.

Jacksonville Jaguars

On May 7, 2013, Trufant signed a contract with the Jacksonville Jaguars, reuniting him with his former defensive coordinator Gus Bradley.^[4] Trufant, Matt Hasselbeck and Leroy Hill were the last remaining players from the Seahawks' 2005 NFC championship season.^[5] He was released on August 30, 2013.

Retirement

On April 23, 2014, Trufant signed a one-day contract so that he could retire as a Seattle Seahawk.^[6]

NFL stats

Year	Team	GP	COMB	TOTAL	AST	SACK	FF	FR	FR YDS	INT	IR YDS	AVG IR	LNG	TD	PD
<u>2003</u>	<u>SEA</u>	16	83	74	9	0.0	0	1	0	2	21	11	15	0	19
<u>2004</u>	<u>SEA</u>	16	96	86	10	1.0	0	0	0	5	141	28	58	0	20
<u>2005</u>	<u>SEA</u>	15	64	55	9	1.0	1	0	0	1	7	7	7	0	14
<u>2006</u>	<u>SEA</u>	15	68	60	8	0.0	2	0	0	1	0	0	0	0	11
<u>2007</u>	<u>SEA</u>	16	85	78	7	0.0	0	0	0	7	150	21	84	1	15
<u>2008</u>	<u>SEA</u>	16	64	60	4	0.0	0	2	0	1	0	0	0	0	13
<u>2009</u>	<u>SEA</u>	10	49	43	6	0.0	0	0	0	2	4	2	4	0	6
<u>2010</u>	<u>SEA</u>	16	80	65	15	0.0	1	2	0	1	32	32	32	1	8
<u>2011</u>	<u>SEA</u>	4	23	20	3	0.0	0	0	0	1	15	15	15	0	3
<u>2012</u>	<u>SEA</u>	12	34	24	10	0.0	1	1	0	0	0	0	0	0	2
Career		136	646	565	81	2.0	5	6	0	21	370	18	84	2	111

[7]

Key

- **GP:** games played
- **COMB:** combined tackles
- **TOTAL:** total tackles
- **AST:** assisted tackles
- **SACK:** sacks
- **FF:** forced fumbles
- **FR:** fumble recoveries
- **FR YDS:** fumble return yards
- **INT:** interceptions

- **IR YDS**: interception return yards
- **AVG IR**: average interception return
- **LNG**: longest interception return
- **TD**: interceptions returned for touchdown
- **PD**: passes defended

Personal life

Trufant's younger brother, Isaiah Trufant, has also played in the NFL.

His youngest brother, Desmond, was drafted by the Atlanta Falcons in the 2013 NFL Draft.^[8] He started at the cornerback position as a true freshman for the University of Washington in 2009 and remained a starter through his senior year in 2012, and currently plays for the Detroit Lions.^[9]

References

1. "Trufant on Pro-Football-Reference" (<https://www.pro-football-reference.com/players/T/TrufMa20.htm>). *rbref.com*. Retrieved December 18, 2007.
2. Trufant gives Seahawks hometown discount with six-year deal (<http://sports.espn.go.com/nfl/news/story?id=3313104>)
3. "Trufant Released" (<http://blog.seahawks.com/2012/03/07/trufant-released/>).
4. Oehser, John (May 7, 2013). "Jaguars sign CB Marcus Trufant" (<https://web.archive.org/web/20160123210835/http://www.jaguars.com/news/article-JaguarsNews/Jaguars-sign-CB-Marcus-Trufant/5082ab53-91ab-4402-9d53-a207652a23a7>). Jaguars.com. Archived from the original (<http://www.jaguars.com/news/article-JaguarsNews/Jaguars-sign-CB-Marcus-Trufant/5082ab53-91ab-4402-9d53-a207652a23a7>) on January 23, 2016. Retrieved May 7, 2013.
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External links

- Seattle Seahawks bio (<https://web.archive.org/web/20101231004748/http://www.seahawks.com/team/roster/marcus-trufant/2d5ed23b-1365-4916-8caa-134f009e0b25/>)
 - Trufant Family Foundation (<http://www.marcustrufant.org/>)
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