

Lamarr Houston

Frederick Lamarr Houston (born June 24, 1987) is a former American football outside linebacker. He was drafted by the Oakland Raiders in the second round of the 2010 NFL Draft. He played college football at Texas.

Contents

Early years

College career

Professional career

Oakland Raiders

Chicago Bears

Houston Texans

Chicago Bears (second stint)

Las Vegas Raiders

Career statistics

References

External links

Early years

Houston attended Thomas B. Doherty High School in Colorado Springs, Colorado, where he was a letterman in football, basketball, and track. He played linebacker and running back. He finished his high school career with 3,325 rushing yards and 49 touchdowns as a running back and 239 tackles and 13 sacks as a linebacker.

In track and field, Houston competed in the throwing events. He got top-throws of 14.81 meters in the shot put and 48.31 meters in the discus throw.^[1]

Considered a four-star recruit by *Rivals.com*, Houston was rated as the sixth best strongside defensive end prospect of his class.^[2]

College career

Houston started his college career with the University of Texas as a defensive end but switched to defensive tackle as a junior. During his career, he started 33 of 50 games, recording 133 tackles and 14 sacks. He recorded 10 tackles and a sack in the Longhorns loss to the Alabama Crimson Tide in the 2010 BCS National Championship Game.

Lamarr Houston



Houston with the Oakland Raiders

No. 99, 58

Position: Outside linebacker

Personal information

Born: June 24, 1987
San Francisco, California

Height: 6 ft 3 in (1.91 m)

Weight: 274 lb (124 kg)

Career information

High school: Colorado Springs (CO)
school: Doherty

College: Texas

NFL Draft: 2010 / Round: 2 /
Pick: 44

Career history

- Oakland Raiders (2010–2013)
- Chicago Bears (2014–2016)
- Houston Texans (2017)
- Chicago Bears (2017)

Career NFL statistics

Total tackles: 302

Sacks: 30.0

Forced fumbles: 5

Professional career

Fumble 9 recoveries:

Interceptions: 1

Defensive 1 touchdowns:

Player stats at [NFL.com \(http://www.nfl.com/players/HOU561271\)](http://www.nfl.com/players/HOU561271)

Pre-draft measurables

Height	Weight	Arm length	Hand size	<u>40-yard dash</u>	<u>10-yard split</u>	<u>20-yard split</u>	<u>20-yard shuttle</u>	<u>Three-cone drill</u>	<u>Vertical jump</u>	<u>Broad jump</u>	<u>Bench press</u>
6 ft 2 ⁵ ⁸ in (1.90 m)	305 lb (138 kg)	33 in (0.84 m)	10 in (0.25 m)	4.84 s	1.68 s	2.80 s	4.71 s	7.61 s	33 ¹ ² in (0.85 m)	9 ft 6 in (2.90 m)	30 reps
All values from NFL Combine ^[3]											

Oakland Raiders

Houston was drafted by the [Oakland Raiders](#) in the second round (44th overall) of the [2010 NFL Draft](#), and started his rookie year at the left defensive end position.^[4]

Chicago Bears

On March 11, 2014, Houston and the [Chicago Bears](#) agreed to a five-year contract. The deal is worth \$35 million, with \$15 million guaranteed.^[5] On October 26, Houston tore his ACL while celebrating a sack of [New England Patriots](#) backup quarterback [Jimmy Garoppolo](#), while the Bears were losing by 25 points.^[6] The incident was similar to linebacker [Stephen Tulloch](#)'s, who also tore his ACL, while celebrating a sack earlier in the season.^[7]

In 2015, Houston moved to the linebacker position under new defensive coordinator [Vic Fangio](#)'s 3–4 defense. As a linebacker, he recorded a career and team high eight sacks.^[8] He did not play much during the early portion of the season until [Jared Allen](#) was traded; he played only four snaps against the [Minnesota Vikings](#), but recorded 28 tackles, five sacks and six TFLs in from week nine to fourteen. In the final nine games, he had seven sacks, the sixth-most in that stretch.^[9]

In 2016, in the second game of the season, Houston tore the ACL in his left knee during *Monday Night Football* against the [Philadelphia Eagles](#).^[10] He was placed on injured reserve on September 22, 2016.^[11]

On September 2, 2017, Houston was placed on injured reserve with a knee injury.^[12] He was then released on September 6.^[13] Houston concluded his three-year tenure with the Bears with 70 tackles and nine sacks over 26 games.^[14]

Houston Texans

On October 11, 2017, Houston signed with the [Houston Texans](#).^[15] During Week 9 against the Indianapolis Colts, Houston recovered a fumble, and ran in into the end zone for his first career touchdown in the 20-14 loss. On November 28, 2017, Houston was waived by the Texans.^[16]

Chicago Bears (second stint)

On November 29, 2017, Houston was claimed off waivers by the Bears.^[17] He appeared in five games and recorded four sacks during his second stint with the Bears.^[18]

Las Vegas Raiders

Houston signed a one-day contract to retire with the Raiders on February 12, 2020.^[19]

Career statistics

Year	Team	GP	GS	COMB	TOT	AST	Sck	FF	FR	Yds	Int	Yds	Avg	Lng	TD	PD
2010	OAK	16	15	39	30	9	5.0	1	2	0	0	0	0	0	0	0
2011	OAK	16	13	51	36	15	1.0	0	2	0	1	15	15	15	0	3
2012	OAK	16	16	69	49	20	4.0	1	1	0	0	0	0	0	0	2
2013	OAK	16	16	69	56	13	6.0	2	1	0	0	0	0	0	0	0
2014	CHI	8	8	11	8	3	1.0	0	1	0	0	0	0	0	0	1
2015	CHI	16	2	42	36	6	8.0	0	1	0	0	0	0	0	0	0
2016	CHI	2	0	4	2	2	0.0	0	0	0	0	0	0	0	0	0
2017	HOU	5	0	7	6	1	1.0	1	1	34	0	0	0	0	0	0
	CHI	5	1	10	8	2	4.0	0	0	0	0	0	0	0	0	1
Total		100	71	302	231	71	30.0	5	9	34	1	15	15	15	0	7

[20]

References

1. "Archived copy" (<https://web.archive.org/web/20160303235756/https://www.trackingfootball.com/players/lamar-houston-2741/>). Archived from the original (<https://www.trackingfootball.com/players/lamar-houston-2741/>) on March 3, 2016. Retrieved October 21, 2014.
2. Lamarr Houston - Yahoo Sports (<https://sports.yahoo.com/Alabama/football/recruiting/player-Lamar-Houston-33713>)
3. "Lamarr Houston Draft Profile" (<http://www.nfldraftscout.com/ratings/dsprofile.php?pyid=65430&draftyear=2010&genpos=DT>). *NFLDraftScout.com*. Retrieved November 14, 2010.
4. "Raiders Trade Back, Select Lamarr Houston" (<http://www.raiders.com/news/2010-Draft/article-1/Raiders-Trade-Back-Select-Lamarr-Houston/b61fcf42-ec9d-4743-8fcf-7739f6e1bad9>). *Oakland Raiders*. April 23, 2010. Retrieved September 7, 2017.
5. Sessler, Marc (March 11, 2014). "Bears, Lamarr Houston agree to five-year deal" (<http://www.nfl.com/news/story/0ap2000000332984/article/bears-lamar-houston-agree-to-fiveyear-deal>). *National Football League*. Retrieved March 11, 2014.
6. Gardner, Sam (October 26, 2014). "Em-Bear-assment: Lamarr Houston's sack dance goes horribly wrong" (<http://www.foxsports.com/nfl/story/em-bear-assment-lamar-houston-s-sack-dance-goes-horribly-wrong-102614>). FoxSports.com. Retrieved October 26, 2014.
7. Dickerson, Jeff (October 27, 2014). "Lamarr Houston out for season" (http://espn.go.com/chicago/nfl/story/_/id/11773941/lamar-houston-chicago-bears-tears-acl-celebrating-sack). *ESPN*. Retrieved October 27, 2014.

8. Jahns, Adam (March 26, 2016). "Lamarr Houston, Willie Young won over new Bears brass" (<http://chicago.suntimes.com/sports/lamarr-houston-willie-young-have-won-over-new-bears-brass/>). *Chicago Sun-Times*. Retrieved March 28, 2016.
9. Mayer, Larry (February 10, 2016). "Position focus on Bears linebackers" (<http://www.chicagobears.com/news/article-1/Position-focus-on-Bears-linebackers/be0ab50e-9470-4ce7-a833-ee51ec8d5d9f>). *Chicago Bears*. Retrieved February 11, 2016.
10. Neveau, James (September 20, 2016). "Lamarr Houston Suffered Torn ACL in Bears' Loss" (<http://www.nbcchicago.com/blogs/grizzly-detail/Lamarr-Houston-Out-for-Season-Report-394177821.html>). *NBCChicago.com*. Retrieved September 20, 2016.
11. Bergman, Jeremy (September 22, 2016). "Bears elevate QB Matt Barkley to active roster" (<http://www.nfl.com/news/story/0ap3000000707431/article/bears-elevate-qb-matt-barkley-to-active-roster>). *NFL.com*. Retrieved September 7, 2017.
12. Mayer, Larry (September 2, 2017). "Bears reach NFL's 53-man roster limit" (<https://web.archive.org/web/20180407195353/http://www.chicagobears.com/news/article-1/Bears-reach-NFL%E2%80%99s-53-man-roster-limit/b7be2dbe-3ca1-44db-854c-c477b0c70377>). *ChicagoBears.com*. Archived from the original (<http://www.chicagobears.com/news/article-1/Bears-reach-NFL%E2%80%99s-53-man-roster-limit/b7be2dbe-3ca1-44db-854c-c477b0c70377>) on April 7, 2018.
13. "Chicago Bears release injured veteran Lamarr Houston" (<http://www.nfl.com/news/story/0ap300000839855/article/chicago-bears-release-injured-veteran-lamarr-houston>). *NFL.com*. September 6, 2017.
14. Mayer, Larry (September 6, 2017). "Bears release Lamarr Houston from IR" (<http://www.chicagobears.com/news/article-1/Bears-release-Lamarr-Houston-from-IR/97bdfbde-da67-4cd9-a026-270e98839111>). *ChicagoBears.com*. Retrieved September 7, 2017.
15. "TRANSACTIONS: Texans add three to active roster" (<https://web.archive.org/web/20171013194415/http://www.houstontexans.com/news/article-2/TRANSACTIONS-Texans-add-three-to-active-roster/68d0ee9c-57a3-4812-89d3-0375dda7d3aa>). *HoustonTexans.com*. October 11, 2017. Archived from the original (<http://www.houstontexans.com/news/article-2/TRANSACTIONS-Texans-add-three-to-active-roster/68d0ee9c-57a3-4812-89d3-0375dda7d3aa>) on October 13, 2017.
16. Gantt, Darin (November 28, 2017). "Texans releasing veteran Lamarr Houston" (<http://profootballtalk.nbcsports.com/2017/11/28/texans-releasing-veteran-lamarr-houston/>). *ProFootballTalk.NBCSports.com*.
17. Williams, Charean (November 29, 2017). "Bears claim Lamarr Houston off waivers" (<http://profootballtalk.nbcsports.com/2017/11/29/bears-claim-lamarr-houston-off-waivers/>). *ProFootballTalk.NBCSports.com*.
18. Emma, Chris (December 19, 2017). "Lamarr Houston Producing In Second Stint With Bears" (<http://chicago.cbslocal.com/2017/12/19/lamarr-houston-producing-second-stint-bears/>). *CBS Chicago*. Retrieved February 17, 2018.
19. Bergman, Jeremy (February 12, 2020). "Lamarr Houston retiring after eight seasons in NFL" (<http://www.nfl.com/news/story/0ap3000001101950/article/lamarr-houston-retiring-after-eight-seasons-in-nfl>). *National Football League*. Retrieved February 12, 2020.
20. "Lamarr Houston Stats" (http://espn.go.com/nfl/player/stats/_id/13277/lamarr-houston). *ESPN Internet Ventures*. Retrieved January 14, 2014.

External links

- [Chicago Bears bio](http://www.chicagobears.com/team/roster/lamarr-houston/324600c7-e3cb-4438-b9a6-d816aa810755/) (<http://www.chicagobears.com/team/roster/lamarr-houston/324600c7-e3cb-4438-b9a6-d816aa810755/>)
- [Oakland Raiders bio](https://web.archive.org/web/20120814101248/http://www.raiders.com/team/roster/lamarr-houston/844ef62f-f474-4655-8190-ea4a07303b38/) (<https://web.archive.org/web/20120814101248/http://www.raiders.com/team/roster/lamarr-houston/844ef62f-f474-4655-8190-ea4a07303b38/>)
- [Texas Longhorns bio](http://www.texassports.com/roster.aspx?rp_id=569) (http://www.texassports.com/roster.aspx?rp_id=569)

This page was last edited on 22 March 2020, at 17:55 (UTC).

Text is available under the [Creative Commons Attribution-ShareAlike License](#); additional terms may apply. By using this site, you agree to the [Terms of Use](#) and [Privacy Policy](#). Wikipedia® is a registered trademark of the [Wikimedia Foundation, Inc.](#), a non-profit organization.