

Naselle Youth Camp Orientation and Rules



No gym groups or physical activities until you have your Health Physical completed and are cleared by the Doctor.

You must complete intake packet assignments, pass your health physical and responsibility test to be eligible to attend out of lodge activities and meals.

If you arrive on Monday/Tuesday you will attend 1st week **School Orientation** 5th period (2:10pm). If you arrive later in the week you will begin orientation the following Monday.

NYC ORIENTATION is Monday –Thursday in the morning at the school.

NYC pays for postage of 2 letters each day; you are encouraged to write loved ones and friends.

Visits from family need to be scheduled no later than Wednesday for the upcoming weekend. Visits are to be scheduled through your counselor.

All resident must walk with hands behind back when in line movements.

Program points and tickets that you earn can be “cashed in” for activities and weekly incentives.

**JUST BECAUSE YOU SAW SOMEONE ELSE
DO IT, DOES NOT MAKE IT OKAY FOR YOU
TO DO !!!!**



BASIC LODGE EXPECTATIONS

WHEN **“CLEAR THE FLOOR”** IS CALLED BY STAFF **GO IN YOUR ROOM QUICKLY** AND QUIETLY-STAY AWAY FROM YOUR DOOR AND WINDOWS.

When **“muster”** is called line up quietly and straight with your pod

Shoes/coats off at all times in the lodge

Ask staff permission to approach office or to go anywhere in the lodge (other than in your own pod)

Room doors are to **remain shut at all** times. **Do not** go into other residents rooms or stand by their doors and talk; **no** eating in pod. Check in and out on board.

1 person in laundry/ mudroom at a time,

2 Players are allowed at ping pong table or pool table (only staff can make an exception)

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BASIC KITCHEN EXPECTATIONS

Line movements to and from the kitchen are straight and quiet

If you don't feel like eating you can tell the staff or cooks "tray down"

Do not communicate to resident kitchen workers or residents from other lodges

Get everything you need before you sit down (ie. Milk, hot sauce, butter etc.)

Take only one milk at a time

Fill up the tables according to your lodge expectations

Do not table talk

Take your coat off when you sit down. You **cannot** tray up with coat on

Ask staff, "may I tray up please" or "may I get another milk please."

Don't forget to use Please and Thank You's, they go along way

GYM AND OUTDOOR SPORTS ACTIVITY EXPECTATIONS

Footwear

Shoes must be laced up, snug and tied tight. NO EXCEPTIONS. Shoes need to be fitted properly to prevent injury. White gym shoes are to be only worn in the gym (not outside)

Fingernails

Check the length of your finger nails. Nails need to be trimmed short for any sports activity such as basketball or football.

Security

Headcalls are to be made at the lodge; staff may not allow use of the gym bathroom for headcalls.

Staff will control the tone of the activity or game. Understand there are clear safety expectations before the start of the activity—unnecessary roughness will not be tolerated.

Staff do not have to know the rules to a game, however staff will control the tone/attitude and conduct/behavior of the participants.

Staff will review and coach residents on how to play safely, hard, and especially have fun.

ALL AGGRESSIVE PLAY WILL BE STOPPED AND PLAYERS INVOLVED MAY NOT CONTINUE